

HOW TO...

Keep your PC safe from viruses

Protect your PC from malware with this month's cover disc and Karl Wright's help

ON THE COVER DISC Iolo System Shield 3 If you think you can avoid catching a computer virus simply by not opening email attachments, think again. These days viruses and other types of malware can install themselves on your PC without you even knowing a thing about it. A virus could be hiding in a webpage, a script in an Office file, an email or even a JPEG image.

You need more than just a good anti-virus program: you also need a firewall to protect yourself from hackers and malicious programs that try to compromise your PC's security, and you need protection against spyware. On this month's cover disc you will find the security suite Iolo System Shield 3, which comes with a year's worth of free updates. It includes a

firewall, anti-virus and anti-spyware features. To install Iolo System Shield 3, click on the relevant entry in the disc browser's Full Products tab.

1 The first time you launch System Shield, it will ask if you want to run the Firewall Setup Wizard. Choose Yes and follow the step-by-step process, telling the program how you use the internet, which websites you do and don't trust and other important information.

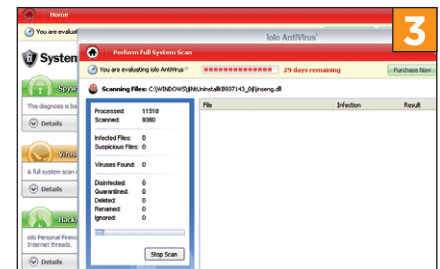
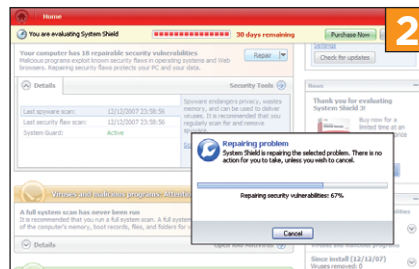
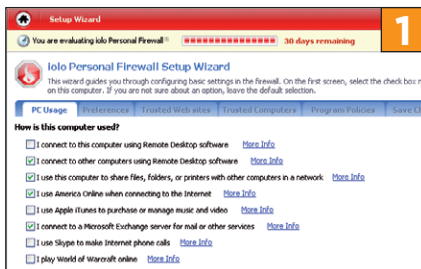
After this, the program will open with its home screen. On the right-hand side, click Check for updates and install any updates that appear.

2 On the home screen, under Spyware and system vulnerabilities, click on Analyze.

The software will check your PC to see if there are any potential security problems. Once it has finished, the word Analyze will be replaced with Repair. Click on Repair, and the program provides a list of the flaws it has found. You can decide whether it should fix or ignore each problem.

3 Finally, under the heading Viruses and malicious programs, click the Scan now button. Iolo Antivirus will then check your PC with a full system scan. If it finds nothing, you can be confident that your PC is safe.

To configure any of System Shield's component programs, click on the arrow under that component's entry in the home screen (for instance, the arrow button Open Iolo AntiVirus).



HOW TO...

Protect yourself against spam

Fight back against junk email with Karl Wright and Firetrust MailWasher Pro

ON THE COVER DISC Firetrust MailWasher Pro 6.1 Spam email is a nuisance. You waste your bandwidth downloading it and then you have to spend time deleting it. And that's not all: spam is often obscene and offensive, and it may link to websites that try to defraud you or load malware on your PC.

Happily, you can fight back. With Firetrust MailWasher Pro, you can stop spam before it reaches your email program. MailWasher Pro is a spam filter that works with almost any kind of mail account a home user is likely to have, including POP3, IMAP, Hotmail and MSN mail. MailWasher is an intelligent program that quickly recognises which mail addresses you do and don't trust. It also checks mail against known

spam databases and the contents and properties of each mail to determine whether it is spam.

Firetrust MailWasher Pro works with Outlook, Outlook Express, Eudora, Netscape and other common email programs. To install it, go to the Full Products tab on the *Shopper* cover disc and click on the MailWasher installation link.

1 Launch MailWasher Pro from the Windows Start menu. It will ask you if you want to enter your email account details manually or let the program detect them for you. The automatic option should work fine for most people.

Once the program has found your mail settings, click Accept.

2 To begin, click the Check Mail button on the top left-hand side of the program's home screen. When prompted, enter your email password and MailWasher will download all the mail on your mail server. Any mail it recognises as genuine is displayed in green; mail it thinks is spam is displayed in red and marked for deletion.

3 If a message has been misidentified as spam, click Spam in the Action column and it will change to read Good. The email will turn green and no longer be marked for deletion. When you're sure your messages have been correctly identified, click the Process Mail button to download only the mail you want. **CS**

